

Food for Life Hospital Leaders



Hi everyone!

- A bit about SWFT
- Importance of food in hospitals
- What is Food for Life and the Catering Mark?
- Projects we are doing at SWFT
- Hospital Circle Leaders
- What's next...

Who we are



We are a small acute and community Trust serving a rural population.

Operate over four hospitals and community sites

Role of food in Hospitals

Good Food

For Patients

For Staff & Visitors

Culture



Supports health, promotes recovery and rehabilitation, enhances wellbeing, champions sustainability

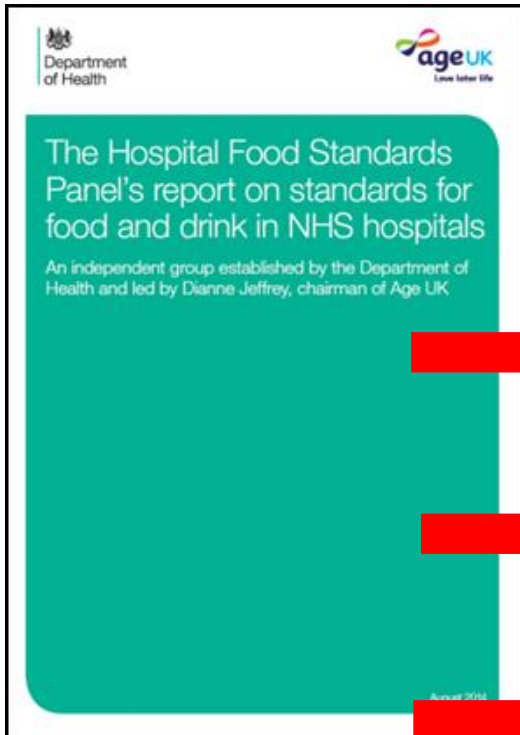


Supports health, enhances wellbeing, champions sustainability



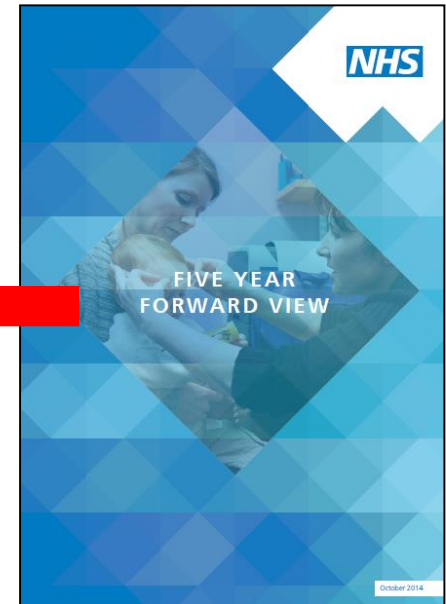
Promotes hospitals as settings that support good health and places that lead by example

Food in Hospitals: Policy Drivers

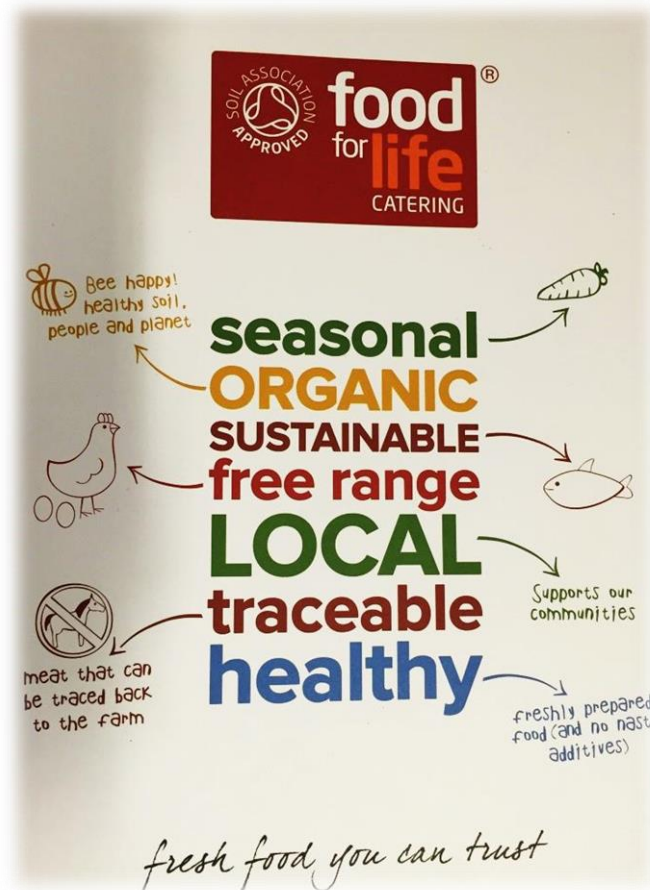


all NHS hospitals must develop and maintain a food and drink strategy, to include:

- the nutrition and hydration needs of patients
- healthier eating for the whole hospital community, especially staff
- sustainable procurement of food and catering services



What is Food for Life?



“South Warwickshire NHS Foundation Trust’s partnership with Food for Life is helping to transform the hospital food experience for patients, staff and visitors. The Food for Life expert team has helped the Trust engage key staff and develop new approaches around food that we are really proud of. Food for Life is a great forum for sharing and learning from other Health Care Trusts committed to health promotion through food.”

Claire Hinds, Associate Director Support Services, South Warwickshire NHS Trust

Food for Life in Hospitals

Food for Life Hospital Leaders

supporting NHS Trusts to become health-promoting settings, improving the food experience of patients, staff and visitors and benefiting the wider community

Food for Life Catering Mark

Almost **10 million meals** served in hospitals every year with the Catering Mark

- **Food and drink strategy support package:** supporting Trusts to develop meaningful and effective strategies with multi-disciplinary input
- **Ongoing policy and advocacy work** on the importance of a food in the health promoting hospital

Where did we start from?



Where are we now?



Ingredients required

- Enthusiastic team
- Essentials:
 - Your catering team
 - Dietetics team
 - Nursing team
 - Health and Wellbeing team
 - Senior leadership
- Ongoing commitment – not a one off project



The whole settings approach: examples of good practice



Hospital Leaders Circle

Food for Life Hospital Leaders are **committed to becoming health-promoting settings**, improving the food experience of patients, staff and visitors and benefiting the wider community.

Circle members receive intensive support to develop and implement a transformative **food and drink strategy** addressing nutritional care, sustainability and health promotion.

Circle membership offers unrivalled opportunities for 'mentoring', further learning and networking opportunities.

What does being a Hospital Circle Leader mean for us?

- ✓ **We are supported at every level**
- ✓ They have helped us develop our Food and Drink Strategy – now ratified and approved.
- ✓ Help us engage with catering, retail and vending contractors to raise food standards e.g. speaking directly to our vending providers to work together to offer a healthier vending range
- ✓ **Pilot new approaches to improving patient experience;** communal dining
- ✓ Provide communications support to raise the profile of this work internally and with key stakeholders.
- ✓ **Create opportunities to share learning** and best practice with other NHS Trusts and collectively influence national policy; workshops, seminars
- ✓ Continue to give national visibility to the Trust's work in this area.
- ✓ **Advise on the option of a hospital food CQUIN and the wider business case.**



What's next?

- Upcoming seminars and workshops
 - Volunteering
 - Improving Healthy Cooking skills
- Celebration Event!
- New projects for 16/17
 - Electronic patient menus
 - Fruit and Veg Stall
 - Silver Catering Mark

Please get in touch

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