

SUST + MH CNF 12/10/16

who is doing what where!

apps to collaborate!  
Need to take them.

Broaden work on nat. emt.

Bring ppl into employment replicate groups.

Personal involvement to work in community.

Stakeholder event - influence.

Spread best practice !!

Bluebell + shouldrop walks!

Need to connect!

Bring internal wellbeing into wider community

How can we help internal + external.

Get involved in community garden  
Spring garden charity.

THINGS TO TAKE AWAY

Visit more people!

Think of 7 generations!

\* several !!

Volunteering - can help own MH.

Neil's philosophy - longer term framework!

Café on double decker bus!

Think personally  
N > 1 gener. ahead

Staff wellbeing eg Graing group

- Visit Gardens!

- Engage

- Reinforce with Trusts/ speakers  
sust AS A

WHALE + present

- Share across networks

- Financial sust!

"currency of love"

inc. in monthly bulletin + future conferences. - Showcase projects.